

COLLEGE LIFE AT A GLANCE

SEPTEMBER, 2011

College partners with Regional Aquatic Center

The College of the North Atlantic is pleased to announce its involvement in a student wellness plan at the Regional Aquatic Center. There are several options

Option 1

Students may purchase a student pass (12 sessions) for \$21.00, half of the regular rate of \$42.00. The college will subsidize 50%. This pass is good for the recreational swimming time slots or the water fitness program.

Option 2

Students may avail of a drop in at a reduced cost of \$2.25 for a recreational swimming and water fitness classes. College subsidizes \$1.75 - \$2.00

For more information contact:

**Tim Alexander
(709) 643-6689
Regional Aquatic Center**



ALL STUDENTS MUST BRING VALID STUDENT ID

Welcome to College of the North Atlantic!

We are Newfoundland and Labrador's public college – one of the largest post-secondary educational and skills training centers in Atlantic Canada, with a history dating back more than 40 years. Today we have 17 campus locations throughout Newfoundland and Labrador and one in the Middle East State of Qatar. We offer nearly 100 full-time program offerings and more than 300 part-time courses for some 20,000 students each year!

How to share housing with other students

So, you're trying to have a room-mate...

Of course you don't think ahead and consider some potential

areas of disagreement now, you may end up in uncomfortable and unhealthy situations. In most cases, these

situations lead to personal, academic and financial

problems.

It is easy to avoid these potential problems. Be sure to talk to your co-tenants and put the terms of your arrangement in writing.

The key issue to consider before you room together are:

- How to split the cost of: rent, utilities,

groceries, other expenses

- How long do you agree to share the room/costs?
- What happens if a co-tenant leaves the arrangement early?
- How much notice is required?

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How to share housing with other students.... cont'd

- Who is responsible to find a replacement?
- Can the majority ask one person to leave?
- What are sufficient grounds for eviction?
- How much notice is required?

It is a good idea to make your written agreement as detailed as you can and to keep the lines of communication between you and your co-tenant as open as possible.



M I S S I O N
BY THE YEAR 2012,
COLLEGE OF THE
NORTH ATLANTIC
WILL HAVE IMPROVED
ACCESSIBILITY TO
QUALITY PROGRAMS
AND ENHANCED
SERVICES TO
SUPPORT THE
SUCCESS OF
STUDENTS AND
COMMUNITIES

Peer Tutoring Program 2011-2012

All tutors must complete and submit the following forms:

- Peer Tutoring Program Application (Tutor and Tutee forms)
- HRD Employee Profile Form
- 2008 Personal Tax Credits Return (TD1) Form
- Electronic Deposit Form- A void cheque or a stamped letter from your bank *must* be included with this form

Additionally:

- Bi-Weekly Student Assistance Payroll Time Sheet serves as payment claims and is to be submitted on a bi-weekly basis according to the schedule below. You and the person (s) you are tutoring must sign the time sheets.

Schedule:

- In order to ensure payment when expected, the bi-weekly assistance Payroll time sheets must be submitted 18 days prior to payroll date.

- To receive authorization, students must have the Bi-weekly Student Assistance Time Sheets signed by proper signing authority:

For more information, contact: Student Development Officer at 643-7822, or visit the Career and Employability Center at DSB Fowlow Bldg;

Kevin Farell (For Martin Gallant student tutors/ tutees),

Ken Rideout (For L.A. Bown student tutors/ tutees)



Computer Usage Information

What to Expect:

Upon registering at the college you will have to complete and sign a registration form. In doing so, you will be accepting the terms and conditions of the "Electronics Information System Use" policy.

Or you may ask for a copy when you register. In order to use the computers at the College you will require a "user account" consisting of a username and password.

When Accounts Are Issued:

Approximately one week after registering, your account will become active.

Who to Contact:

If at any time you experience any problems accessing your account, please contact the Information Technology Department located in room 321, on the 3rd floor of the DSB Fowlow Building.

Computer Locations:

D.S.B Fowlow Building (Headquarters)

- Learning Resource Center, 210, 213, 214, 220 & 316 (For general usage).

L.A Bown Building

- Learning Resource Center, 1, 10, 11, 21, 22 & 25

Don Wright Building

- 1A

Stephenville Crossing Building

- Learning Resource Center, 111 & 113

* Rooms are subject to change

IMPORTANT NOTICE:

Lab/room numbers are constantly changing. Students should check with Student Services, Security, or with ones instructor to find the appropriate lab/room.

Some labs/Rooms are open to all students, however some are NOT.

V I S I O N

THE VISION OF THE COLLEGE OF THE NORTH ATLANTIC IS OF LIFELONG LEARNERS WHO ARE EDUCATED AND HIGHLY SKILLED, ABLE TO MEET THE DEMANDS OF THE LABOUR MARKET AND CONTRIBUTE TO THE SOCIAL, ECONOMIC, AND CULTURAL WELL-BEING OF THEIR COMMUNITIES.

College Swag

Come see our Selection of College Clothing and Apparel:

- Lapel Pins
- Key Chains (Available in Orange, White, Yellow, and Black)
- Travel Mugs & Coffee Mugs
- Hooded Sweatshirts, Sweatshirts, Collared Sweatshirts
- Denim shirts, t-shirts, and polo shirts
- Fall/Winter Jackets fleece jackets
- Golf Vests, Shirts, & Golf Balls
- Back Packs & Shoulder Bags
- Watches for men and women

- Calculators
- Solar Power Flip-up Calculators Binders & Portfolios
- Fanny Packs
- Network Cables

For these and other fine CNA Products visit the College Bookstore at:

College of the North Atlantic
D.S.B. Fowlow Building
Room 133



Student Health and Dental Plan

Services shown below will be eligible if they are usual, reasonable and customary, and are medically necessary for the treatment of an illness or injury. Please contact the Green Shield Customer Service Centre at 1-888-711-1119 or the National Student Health Network at 1-800-468-0668 to determine benefit eligibility and coverage details. Inquiries can also be emailed to Green Shield at cservice@greenshield.ca.

Students who wish to waive benefits must provide proof of alternate coverage, and students who wish to purchase family coverage must remit the appropriate premium. Waiver and family coverage forms are available at the student services office.

Dependents include common-law/same sex spouses with whom the student has been living in a conjugal relationship for a period of 12 months.

Dependent children are eligible for coverage up to the end of the benefit year in which they turn age 21 or 25 if enrolled and in full-time attendance at an accredited college, university or educational institute.

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 QUALITY PROGRAMS
 AND ENHANCED
 SERVICES TO
 SUPPORT THE
 SUCCESS OF
 STUDENTS AND
 COMMUNITIES

Bay St. George Instructor's Directory

Adult Basic Education

Barney, Olive...643-7778
 MacNeil, Hughie...643-7777
 Alexander, Brian...643-7777

Automotive Service Technician

Hinks, Dwayne...646-5715
 Madore, Marty...643-5715

Business Administration

Burt, Lynda...643-7777
 Macisaac, Lori...643-7957
 Rose, Tom...643-7957
 Tilley, Shawn...643-7804

Baker

King, Eric...643-7751
 Hynes, Eric...643-7834
 Pear, Carl...643-7834
 Ryan, Barbara...643-7834

CAS College Transition

Bennett, Pamela...643-7778
 Kennedy, Maureen...643-7777
 Sheppard, Gerry...643-7778

Commercial Transport

Bryant, Tony...643-7737
 Skinner, Ray...643-7737

Community Studies

Carter, Roger...643-7755
 Fowlow, Susan...643-7765
 Hayden, Cheryl...643-7741
 Jones, Robert...643-7741
 Joy, Susan...643-7756

Cook

King, Eric...643-7751
 Ryan, Barbara...643-7834

Digital Animation

Gale, David...643-7860
 Deeley, Lori...643-

Film and Video Production

Benoit, Marty...643-7949
 Smith, Ben...643-7949

Hairstylist

Scott, Lillian...646-5712

Heavy Equipment Operator

Madore, Glenn...643-5702
 Rose, Edward...643-7737
 Young, James...643-7772

Heavy Duty Equipment Technician

Cutler, Gregg...646-5713
 Farrell, Kevin...646-5707
 Young, Tom...646-5714

Hospitality Tourism Management

Hynes, June...643-7742
 Pippy, Donna...643-7742

Journalism

Carroll, Frank...643-7745
 Campbell, Frank...643-7745
 Murphy, Don...643-7746

Learning Resource Center

DSB Fowlow Building...643-7752

LPN

Barb Elliott...643-7754
 Donna Elliott...643-7754
 Penny Young...643-7754
 Janice Brennan...643-7754

Music Industry & Performance

Pinhorn, Wade...643-7804

Bennett, Ginger...643-7957

Mobile Crane Operator

McGroty, Roger...643-5716

Office Administration

Penney, Sharon...643-7804
 Sjoen, Sharon...643-7756
 Wheeler, Helen...643-7804

Primary Care Para medicine

Batstone, Tyrone...643-7826
 Brenton, Rob...643-7826

Recording Arts

Hammond, Scott...643-7804

Security Office

D.S.B Fowlow Building...643-7764

Small Equipment Service Technician

Barron, Paul...643-5721

Student & Community Services

D.S.B Fowlow Building...643-7730

Student Development Officer

Oake, Charlene...643-7822
 McNeil, Sherri...643-7822

Student Guidance Counselors

Humber, Nadine...643-7816

Truck & Trailer Mechanic

Cutler, Gregg...646-5713
 Farrell, Kevin...646-5707
 Young, Tom...646-5714

Video Game Design

Hertel, Janice...643-8580



Residence

General Information

The residence is located in a six-story building that houses classrooms, administrative offices, and three co-ed residence floors with a capacity to accommodate 168 students. There are also two wheelchair accessible rooms available. Each occupant of a room is provided with a bed, stationary desk, bookshelves, bulletin board and chair. Each room with another student of the same sex. Students must supply all bed linens, towels and personal items.

There are lounges on each floor with a T.V. and VCR. Pay phones are located on each floor lobby. A telephone hookup for a room can be made available upon request.

Laundry facilities are also available.

A kitchenette is located on each floor for light snacks. Electrical appliances are not permitted in rooms to ensure safety.

There are two Residence Assistants on each floor to assist students who may have concerns and ensure that rules and regulations are followed. Security Staff are available 24 hours a day to

provide safety for residents.

The residence is located in Stephenville. Students should keep this in mind when taking programs located at the Stephenville Crossing site. The distance from Stephenville to Stephenville Crossing is approximately 12km.

Benefits

There are many benefits to living in residence, such as:

- Convenience of having meals prepared.
- Convenience of being located near downtown Stephenville.
- Opportunity to make new friends.
- Quick access to social and recreational facilities, as well as library and computer facilities.
- Convenience of getting to class without going outside and within walking distance of the L.A Bown (½ km) and the Don Wright buildings (1/4 km).

Meal Plans

The Room and Board Plan includes a shared room and either ten, fourteen, or nineteen meals per week. All meal tickets expire on Sundays. These rates are among the lowest of Canadian Colleges and Universities in Atlantic Canada.

Obtaining an application

Once you have been accepted into a program and you have paid your \$95.00 confirmation fee you are automatically sent an application for residence.

Application

Students requiring accommodations in residence must apply in writing on the proper application form. These applications must be sent to the college.

Application fee.....\$25.00

Once you are accepted into residence you must return a confirmation form along with a non-refundable confirmation fee, this is to ensure that your room will be available for you when you arrive.

Confirmation fee.....\$50.00

For more information :

College of the North Atlantic

The Residence Office

Tel: (709) 643-7764

Fax: (709) 643-5407

**Bay St. George Campus
P.O Box 5400
Stephenville, NL
A2N 2Z6**





Around Town

Restaurants

McDonald's
643-6465
221 Main Street

Tim Horton's
643-6000
124-126 Main Street

Hartery's
643-2242
109 Main Street

Subway
643-9898
147 Main Street

Pizza Delight
643-3000
37 Main Street

Dominos pizza house
643-2742
Main Street

Chester Chicken
643-3812
124 Queen Street

KFC...643-5179
80 Main Street

Mary Browns
643-5153
68 West Street

Hong Kong
643-8393
101 Main Street

Sun Luck
643-3022
92 Main Street

Bars

The Bar
643-5017
52 Main Street

Jacob's Place
643-9792
106-108 Carolina Ave.

Clancy's
643-6623
120 Carolina Avenue

104 Main
643-5991
104 Main Street

West Side Charlie's
643-6515
217 Main Street

Callahan's Pub
643-9108
72 Queen Street

Razoolies
643-6622
120 Carolina Avenue

Paddy's Pub
643-4908
60 Main Street

Silver Dollar Lounge
643-3773
123 Kippens Road

Redwood Lounge
643-4752
98 Main Street

Holiday Inn
Stephenville
643-6666
Stephenville Plaza

Banks

Royal Bank
643-8300
73 Main Street

Bank of Nova Scotia
643-8400
Stephenville Plaza,
Main Street

Bank of Montreal
643-8900

Main Street

Credit Union
643-2111
69 Main Street

Laundry Services

Paddy's Pub
60 Main Street

Stephenville
Residence
643-8580
432 Massachusetts Dr

Shopping Centers

Stephenville Plaza
643-5481
Main Street

Stephenville mini mall
90 Main Street
Tattoo Shops/
piercings', etc.

A&J's
643-4284
68 Main Street

Peek a Boo Tattoo
643-3300
60 Main Street

Libraries

Kindale Public Library
643-4262
Main Street

College of the North
Atlantic Library
D.S.B. Fowlow Building
643-7752
432 Massachusetts
Drive

College of the North
Atlantic Library
L.A. Bown Building
643-7787
Washington Drive

Miscellaneous

Post Office
Main Street

Bargain Giant
643-6863
Stephenville Plaza
Main Street

Johnson Inc. Insurance
643-6848
Stephenville Plaza

Canadian Tire
643-9326
54 Prince Rupert Drive
Stephenville

Bob-bettes
643-3313
106 Carolina Avenue

Arlims
643-2823
Main Street

Gas Stations

Canadian Tire
643-2427
17 Main Street

Esso
643-2240
20 Main Street

Hine's Esso Ken & Son
643-2381
Hansen Memorial High-
way

Ultramar
643-6022
Main Street

Co-Op Gas Bar
643-5675
50 Carolina Avenue

North Atlantic
Petroleum
643-6446



Around Town... cont'd

106 Carolina Avenue

Grocery Stores

Dominion
643-0850
62 Prince Rupert Drive

Coleman's Food Center
643-2885
125-127 Main Street

Co-Op
643-5675
50 Carolina Avenue

Price Chopper
643-2872
Stephenville Plaza,
Main Street

Movie Stores

Debbie's Video
643-5277
106 Main Street

Canadian Tire
643-2427
17 Main Street
Music Stores

Party time Sound
643-2944
122 Main Street

Convenience Stores

Needs Convenience
3 Kippens Road

Wine and Shine
(AV Gallants)
643-4489
2 Main Street

Georgia
643-4141
83 Georgia Drive

Coffee Shops

Tim Horton's
643-6000
124-126 Main Street

Wine and Shine
(AV Gallants)
643-4489
2 Main Street

The Bean
643-8550
1 Main Street

Pharmacy's

Ben's Pharmacy
643-2012
Main Street

Shoppers Drug Mart
643-5351
44 Queen Street

Wal-Mart
643-4192
Stephenville Shopping
Center

Dominion
643-0850
62 Prince Rupert Drive

Dentists

Dr. Wayne Goudie
643-7776
92A Queen Street

Dr. Paul Hurley
643-4555
194 Queen Street

Dr. Ian Marche
643-3125
Queen Street

Dr. B Roberts
643-2151
90 Queen Street

Dr. Donald Shea
643-3125
Queen Street

Family Doctors

Dr. A Z Abdeen
643-5217
104 Main Street

Dr. John T Dennis
643-9657
Main Street

Dr. M Hasnain
643-1973
85 Queen Street

Churches

Anglican Church
643-2961
55 Hillview Avenue

**Zion Pentecostal
Church**
643-2744
51 Carolina Avenue

United Church
643-2790
44 West Street

**The Salvation Army
Community Church**
643-3482
149-151 Hansen
Highway

St. Stephen's Parish
643-2523
78 West Street

Bay St. George Campus Headquarters

Campus Administrator
Chris Dohaney
T: (709) 643-7916
F: (709) 643-7827

Support Staff
Donna Sheppard
T: (709) 643-7841
F: (709) 643-7827

Bay St. George Campus LA Bown Building

Campus Administrator
Darlene Oake
T: (709) 643-7788

Support Staff
Maude Benoit
T: (709) 643-7789
F: (709) 643-7784

Bay St. George Campus Martin Gallant Building

Campus Administrator
Brian Foley
T: (709) 646-5701
F: (709) 646-5717

Support Staff
Helena Russell
T: (709) 646-5700
F: (709) 646-5717

College of the North Atlantic

432 Massachusetts Drive
P.O. Box 5400
Stephenville, NL
A2N 2Z6

Counseling Services

Counseling Services directly support the mission of College of the North Atlantic by engaging in activities that facilitate the student learning experience, student success, and the efficiency and effectiveness of student services.



Counselors are committed to accessible, professionally delivered services that are responsive to your needs as a student.

Counseling services are an integral part of Student Services. We are committed to helping you achieve the academic progress and personal growth of which you are capable and to utilize your full potential.



**Check out the
College
website for
student
services,
policies, and
student web
mail**

www.cna.nl.ca

Bay St. George Campus Building Directory

D.S.B. Fowlow

432 Massachusetts Dr.
T: 709 643-7730
F: 709 643-7734

L.A. Bown

15 Washington Dr.
Stephenville
T: 709 643-7789
F: 709 643-7784

Martin Gallant Building

Stephenville Crossing
T: 709 646-5700
F: 709 646-5717

Heavy Equipment Field Site

179A Minnesota Dr.
Stephenville
T: 709 643-7772
F: 709 643-7720

Don Wright Building

Stephenville
T: 709 643-7740

