



Mary Ellen Alexander  
Student Health and Dental Advisor  
College of the North Atlantic  
PO Box 5400  
Stephenville, NL  
A2N 2Z6

July 14, 2017

Dear CNA Student!

We are looking forward to you coming in September. This is a reminder that regarding your Health and Dental insurance while you are a student at College of the North Atlantic that if you want to opt out of coverage you must do so at the beginning of **EACH** academic year.

The Health and Dental plan is ***compulsory*** for full time students enrolled in a program of fifteen weeks or longer. ***Only students who provide proof of alternate health and dental insurance will be allowed to opt out during the enrollment period.*** Also, students do have the option to add family coverage during the enrollment period or before the deadline dates noted below.

The following are deadlines for the 2017-2018 academic year:

- Fall Semester – October 3, 2017
- Winter Semester (new students) – January 30, 2018
- Intersession (new students) – May 18, 2018

Students who fail to opt out before this/these dates will be charged the fee.

**Please Note:** Students who wish to opt out of health and dental or change from single to family coverage will need to do so via Student Self Service during online registration. ***We will no longer be accepting proof of coverage at the campus front desk.***

For more information please contact me at 643-7927, fax: 643-7959 or email at [maryellen.alexander@cna.nl.ca](mailto:maryellen.alexander@cna.nl.ca). You can also visit the College's website at <http://www.cna.nl.ca>.

Thanks,

Mary Ellen Alexander  
Student Health & Dental Advisor

