



Workplace Health, Safety & Compensation Commission
Phone: (709) 778-1000
Toll free: 1-800-563-9000
Fax: (709) 778-1302
Toll free fax: 1-800-276-5257
Toll free fax: 1-800-276-5257

Employer's Report of Injury



7

1	Trade name	name	WHSCC firm #													
	Mailing address	Province	Posta	Postal code			Street addr	erent	(City / Town						
	Site name				Site #	Site location										
	Ott-	Name					Talanhana									
2	Contacts For wage information		Telephone				Fax E-mail									
	For details of injury					-										
_	For disability, return to work															
3	Worker's last name	me				Initial	Date of birth yyyy/mm/dd			Gender M F						
	Mailing address	ity / To	wn						Province Postal code							
	Home telephone		Wor	k telep	hone					Social Insurance Number						
4	Do you regularly employ 20 or more workers?	owner / usiness	? [Yes No			ow long has een in your e		er 🔲	less than 12 months more than 12 months						
	Is the worker employed as part of a HRSDC Program?	Full-tii Part-ti	-		ntractua asonal	(hat date orker initi	was the ally hired?	yyyy/mm/dd						
5	What occupation was the worker performing at the time of the injury / incident? What are the lifting requirements of this occupation? <11 lbs 11-21 lbs 22-44 lbs > 44															
ECT	TION B - INJURY / INCIDEN	IT INFO	RMATIO	N												
6	Date / time of injury / incident			٦	Did th	is iniu	ıry dev	elop	\Box	Date	time inju	ury/inciden	it was repo	rted to employer:		
	yyyy/mm/dd hh:mm HM over tin							a .		Yes	mm/dd	nm/dd hh:mm A				
	specific injury / incident?															
7	Did this injury / incident occur o	outside N	lewfoundla	nd and	Labra	dor?		Yes	1	No			. >			
В	To whom was the injury / Last name First name incident first reported?								C	Occupation		Te	Telephone			
9	What part(s) of the worker's body was affected?				he work cal atte		k Yes		e worker r	equire hos o days?	pitalization					
0	Was the work / activity being d		? ☐ Yes		[id the	injury	/ incide	nt hapı	pen on the er	nployer's	property	or worksite	?		
	the purpose of the employer's If no, what was the purpose?	No _	Specify where:													
1	Describe your understanding of how the injury / incident occurred or condition developed:															
2	Was the injury / incident caused by anything listed at right? Yes If yes, tick applicable: Motor vehicle accident (e.g., forklift, car, truck, ATV) Person(s) not employed by the employer Malfunction of product / equipment Slip and fall															
	If yes to Question 12, was someone else involved? Yes If yes, please specify name and contact information, if available. No															
	Last name	Last name First name						ress				Work telephone		Home telephone		
_	ION C - INJURY / INCIDEN	T NOT	FICATION	V												
3	Has your occupational health	and safe	ety committ	ee and	d / or re	prese	entative	/ desig	nate b	een notified	of the in	cident / co	ndition?	Yes No		
														Act, you must provid		

7 ·	- 2							Worker's name								Page 2 of 2 – March 2013 Social Insurance Number					
45										\A/I4 :-	41			4		2					
15	Did the worker stop working? Yes								No Yes	What is the worker's current return-to-work status? Returned to pre-injury job with no changes Returned to pre-injury job with duties only changed Returned to pre-injury job with hours only changed Returned to pre-injury job with duties and hours changed Returned to work in a different job to accommodate injury Other accommodations specify No Attach plan or forward within five days											
				`						No No			waru witinin	iive days							
17	If the worker has not returned to work in any capacity, are you continuing to pay the worker directly during the lost-time period? The employer must pay worker for day of injury.									yyyy/mm/dd Are you The emplo the worker excess of c					paying 80% of net? Yes ver cannot pay an amount in ompensation entitlement.						
18	include bonuses, overtime, and periods without pay																				
	Period from				То					Wages				Liallei		Lost-t		Lac	Look		
	yyyy mm c			dd	уууу			n	dd	\$			¢	Holidays without pay		lilness without pay		Lack of work			
	1 2							+						+ +	Days		Days		Days		
	3.								_						Days		Days		Days		
	4.														Days		Days		Days		
19	Worker's regula hourly rate:	r		Next	pay day	yyyy/mm/dd		Freque of pay		w	/eekly		Bi-weekly	Mc	onthly	Se	emi-mo	nthly			
20	Indicate on this 14-day chart the hours per day the worker would we							rk:													
	Sun Mon					1	ue		Wed			Thur		Fri			Sat		7		
	1. Week 1																		_		
	2. Week 2																				
	If the worker is	a shift work	ker, how	many s	hifts did th	ney lose a	s a re	sult of t	the inj	ury / incid	dent?										
	TION F - FISHE	R'S INFO	RMATI	ON To b	e completed	by master, o	wner or	part own	er of a f			oot)	le the w	orker an							
21	Vessel name									Vessel le	angun (n	eet)		ner of the			Yes		No		
22	Master's name Master's telephone Ma							ster's mailing address City/Town							Province	Postal code					
23	Are the worker's	earnings b	pased on	a shar	e of the ca	atch?	Yes	If yes, a	describe	the worker	's share a	rrangeme	nt:					_ 🗆	No		
	Fish buyer's information If you need more space, please use an additional sh											Start of				End	End of fishing period				
1.	Name Telephone						+	ax		Gross sales				yyyy/mm/dd			yyyy/mm/dd				
2.	2.																				
3.																					
SEC	TION G - INFOI	RMATION	ACCE	SS AU	THORIZ	ATION						Attach pa	ay stubs or c	ther verifica	tion from t	he fish bu	ıyer, if ava	ailable.			
24	Do you authorize to act on your be								? [Yes	☐ No			n will remain change usi			u notify t	he			
	Last name First name						Address Orga					nization	Tele	Telephone							
	TION H - SIGN	ATURE, C	ONSE	IT ANI	D DECLA	RATION	١														
25	recolate this form to be complete and correct. I understand that giving laise miorination of ornitting relevant miorination is a serious oriented										nce.										
	Name please print Position					Signature Telephor						one	e Date yyy			y/mm/dd					
055	SECTION I - CO-OPERATION AND OBLIGATION														Ш						
This must	form must be filed was co-operate in early oyment and if you coires that all incidents	vithin three d and safe ret continuously	lays of the turn to wor employed	injury • rk • A re- the injur	Late and ir employmented worker	nt obligation for more that	n may e an one	exist if the	nere ar	e 20 or mo	ore work	ers in yo and Safe	ur ety Act	WHSCO	USE ONI	LY					

If attaching additional information, put the worker's first name, last name and Social Insurance Number at the top of each sheet.

Phone: (709) 778-1000 Toll free: 1-800-563-9000 Fax: (709) 778-1302 Toll free fax: 1-800-276-5257 146 - 148 Forest Rd. P.O. Box 9000 St. John's, NL A1A 3B8

Instructions for Completing Employer's Report of Injury (Form 7)

146 - 148 Forest Rd. P.O. Box 9000 St. John's, NL

Use this form when:

- Your employee has a work-related injury / illness or recurring work-related injury / illness that results in any of the following:
 - medical attention;
 - loss of earnings; and / or
 - lost-time from work.

This includes injuries or illnesses that occurred over time as well as those caused by a single event.

If you are a partner, proprietor or independent operator (also referred to as owner/operator on this form), you do not need to complete this form. Instead, you should complete a form 6 – worker's report of injury. Please note that coverage will be extended only when optional personal coverage has been purchased from the Commission.

Points to remember:

- Complete and accurate information is important so as not to delay processing the claim.
- If you have additional information, attach additional pages noting the worker's name and SIN on each page.
- As per the Workplace Health, Safety and Compensation Act, the form 7 must be forwarded to the Commission within three days of the injury.

Section A General Information

How long has this worker been in your employ?

Workers hired for one year or more before the injury are considered continuously employed unless the year was interrupted by a work cessation that ended the employment relationship. For seasonal workers, periods of unemployment are not considered work cessation. For example, if you employed the worker for three years except for a seasonal period of five months per year, this worker is considered to be in your employ for more than 12 months, even if the months are not consecutive.

What date was the worker initially hired?

This refers to the date the worker became your employee. If the worker has been hired in the past as a seasonal or temporary worker, record the most recent hire date.

What occupation was the worker performing at the time of the work injury / incident?

In some cases, this may not be the worker's regular job. For example, if the worker's normal job is a welder, but he/she was temporarily working as a shipper / receiver when injured, shipper / receiver would be the occupation at the time of the injury/incident.

Section B - Injury / Incident Information

Did this injury develop over time without a specific injury / incident?

If the worker is unable to recall when the injury / incident occurred or pain started, and there is no identifiable event, the injury may have developed over time. The worker may report discomfort performing their normal duties (e.g., full-time cashier continually scanning products with the left arm and begins to experience pain in the left elbow). However, if the worker is able to say when their symptoms began, note this date on the form.

Did the injury / incident happen on the employer's property or worksite?

Detailed information as to where the injury / incident happened is important to process the claim. For example, if on your premises, where did it occur? The shipping area, paint shop or warehouse? If not, where did it happen? For example, you operate a cleaning company and your employee was working at a retail store when the injury happened. In this case, note the name and location of the store.

Describe your understanding of how the injury / incident occurred or condition developed.

Detailed information about how the injury / incident happened and what the worker was doing when it occurred is important to process the claim. This may include information such as: sizes, weights and names of objects involved; a description of any machinery, tools or vehicles used at the time of the injury/incident; any environmental conditions (work area, temperature, noise, chemicals, gas, fumes); if another person was involved; or any information you think is important.

For example: "Bob was moving boxes in the storage room. He lifted a 40-pound box from the floor to put on a shelf. He twisted to the right while lifting, and hurt his upper back."

If the condition developed over time, provide a description of the worker's duties. Explain how often he / she performs a particular task; the sizes and weights of objects involved; how long he / she has been doing this work; if there have been any recent changes to the schedule and / or tools or products he / she uses.

Additional information on access, release and protection of your information by the Commission can be found in Policy GP-01: "Information Protection and Access," available at www.whscc.nl.ca or by calling The Commission's Access to Information and Protection for Privacy (ATIPP) Co-ordinator at 1-800-563-9000.

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Early and safe return-to-work

The goal of early and safe return to work is to safely return the worker to employment or employability that is comparable to the pre-injury level as soon as possible. With effective return-to-work planning, the human and financial costs associated with a workplace injury are significantly reduced.

Employers and workers are obligated to co-operate in the worker's early and safe return to suitable and available employment with the injury employer. This may involve modified work, ease back to regular work, transfer to an alternate job, or trial work to assess the worker's capability.

Re-employment obligation

Employers who have a legislative duty to modify the workplace in order to accommodate the injured worker's return to the workplace are obligated to do so to the extent that it does not cause undue hardship for the employer. This may include work site/job modification or on-the-job skills development for alternate work.

Finding the right duties

When identifying early and safe return-to-work opportunities with your employee, the first priority should be to maintain the connection to the pre-injury job at some level. Where this is not possible, it is important to work with your employee to identify suitable and available employment that is within your employee's physical capabilities. If you and your employee require any assistance during this process, you should contact your case manager.

Documenting a plan

Once you and your employee have identified suitable job duties that are in keeping with your employee's abilities, you will complete an early and safe return-towork plan that outlines the agreed upon schedule and progression of duties. If any change occurs to this plan, you must immediately notify your case manager.

Your early and safe return-to-work plan should also outline the scheduled hours and the hourly wage earned. This information will then be used to determine if there is any entitlement to compensation during your return-to-work process.

Employers' role in occupational health and safety

- Ensure the health, safety and welfare of workers and those not in your employ;
- Maintain a healthy and safe workplace, systems, equipment, and tools;
- Provide operating instruction for the use of devices/equipment;
- Ensure workers are aware of hazards;
- Establish an OH&S committee/worker health and safety representative/workplace health and safety designate as required and consult/cooperate with them;
- Respond in writing to recommendations of the OH&S committee / worker health and safety representative / workplace health and safety designate and provide them with periodic written updates on implementation;
- Make arrangements for and consult with the OH&S committee / worker health and safety representative / workplace health and safety designate during workplace inspections;
- Co-operate with anyone exercising a duty imposed under OH&S legislation;
- Ensure safety clothing/equipment/devices are used:
- Ensure safety procedures are followed at all times: and
- Notify the Assistant Deputy Minister responsible for OH&S in the provincial government of a workplace accident that results in, or has the potential to result in, a serious injury or fatality.