

2022

# International Student Q & A Pandemic Response



College of the North Atlantic

CNA Global

<https://www.cna.nl.ca/>

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**cna**

## Studying at CNA

College of the North Atlantic (CNA) is excited that you have decided to join our College for your post-secondary education. Our 17 campuses have been pillars in training the dynamic and innovative workforce throughout the province of Newfoundland and Labrador. In addition, our graduates have found career success nationally and internationally.

More recently, there have been tremendous growth in international students seeking the top-notch education at one of the most affordable tuition rates in North America. Since 2017, hundreds of students from around the globe including countries in Africa, Asia, Europe, and the Americas graduated from our programs and are now working towards their career goals.

## Travelling to Canada during COVID-19

### Travel Considerations

Due to the onset of variants, it is important to closely monitor the situation in your country, where you may be transiting, and Canadian regulations. In Canada, all travellers aged 12 years or older are required to be fully vaccinated. What does this mean?

- Be fully vaccinated with an accepted [Health Canada vaccine](#)
- Be ready at any point in your journey to show [official proof](#) of your vaccination status
- Have received your second dose at least 14 days prior to the day you travel
- Have no signs or symptoms of COVID-19
- Wear a mask, as directed

You should also be aware of any regulations of transit countries, if you are not on direct passage to Canada.

### Submitting your complete study permit application

If you intend to study in Newfoundland & Labrador but are experiencing delays with booking flights or obtaining your visa, please contact Natasha Hillier ([Natasha.Hillier@cna.nl.ca](mailto:Natasha.Hillier@cna.nl.ca)), as soon as possible.

If you are applying for Fall 2022, CNA Global strongly encourages you to apply as early as possible since due to possible delays in IRCC visa processing times because of the global pandemic. Your local Visa Application Centre (VAC) times may vary from other countries. You can find out more information on your local VAC, follow this link: [Visa offices outside Canada - Canada.ca](#)

## Pandemic response at CNA

As Newfoundland & Labrador's public college, CNA is committed to meeting student's educational needs while adhering to provincial and national pandemic protocols and guidelines. You may have a few questions regarding your studies at CNA, including some of the changes as we respond to what is happening in our communities around COVID-19. We do not have all the answers right now. However, we are working to support you with the information that we currently have. In addition, you may also contact a CNA [counsellor](#) from your respective campus for support and guidance.

## FAQ

### 1. What changes in travel have been made for international students?

#### College of the North Atlantic Requirements:

As updated on the [IRCC website](#), starting October 20, 2020, Designated Learning Institutions (DLI) with a COVID-19 readiness plan approved by their province or territory will be able to reopen to international students who are currently outside Canada.

To travel to Newfoundland and Labrador you must follow these steps:

- You must have a valid study permit.
- You must email Natasha Hillier ([Natasha.Hillier@cna.nl.ca](mailto:Natasha.Hillier@cna.nl.ca)) and Samantha Haines ([Samantha.Haines@cna.nl.ca](mailto:Samantha.Haines@cna.nl.ca)) with the following information:
  - Copy of your travel itinerary,
  - Preferred isolation location,
  - Confirmation of permanent residence in Newfoundland and Labrador,
  - Full names of any family members who will be travelling with you,
  - Campus, program, and student number.

\*After these steps have been completed, international students must complete the Newfoundland & Labrador [NL travel form](#). Please send the reference number generated from completing this form to Samantha Haines ([Samantha.Haines@cna.nl.ca](mailto:Samantha.Haines@cna.nl.ca)). **Effective August 9, 2021 mandatory hotel stays entering Canada are no longer required.**

#### Canadian Border Service Agency Requirements:

In preparation for arrival in Canada, please ensure you:

- Have the documentation to enter on the specific date as stated on your study permit

- Have no signs or symptoms of COVID-19
- Have received a full series of an accepted COVID-19 vaccine or a combination of [accepted vaccines](#)
- Have received their last dose at least 14 days prior to the day they enter Canada
- Upload proof of vaccination in [ArriveCAN app](#)
- Meet all other entry [requirements](#)

Effective January 19, 2022, the Government of Canada states that all travelers entering Canada follow the requirements below:

- Pre-Entry Test Results
- ArriveCAN receipt with letter I or, V, or A beside the vaccinated traveller's name
- Proof of vaccination that was uploaded into ArriveCAN (original or paper copy)
- Have a quarantine plan
- Travel document entered in ArriveCAN (e.g. passport)
- For air travel, register in advance for arrival testing

For most up-to-date information, please check on the [Government of Canada website](#).

Any expenses associated with isolation or delays in travel will be incurred at your own expense.

**2. I am an international student and I have misplaced my contacts for questions and information with CNA. Where would I find this information?**

For information related to studying at CNA, you are asked to contact designate international support contact for your campus listed below.

<b>Baie Verte</b> <a href="#">Scott Furey</a> (SDO)	<b>Bay St. George</b> <a href="#">Jonathan Bennett</a> (SDO)	<b>Bonavista</b> <a href="#">Frank Williams</a> (Counsellor)
<b>Burin</b> <a href="#">Craig Wells</a> (Counsellor)	<b>Carbonear</b> <a href="#">Robyn Frampton</a> (SDO)	<b>Clareville</b> <a href="#">Lauren Brake</a> (SDO)
<b>Corner Brook</b> <a href="#">Jeff Patry</a> (Counsellor)	<b>Gander</b> <a href="#">Celena Alcock</a> (SDO)	<b>Grand Falls-Windsor</b> <a href="#">Rob Hillier</a> (SDO)
<b>Happy Valley-Goose Bay</b> <a href="#">Sharon Lucci</a> (SDO)	<b>Labrador West</b> <a href="#">Pamela Meaney-Pieroway</a> (Counsellor)	<b>Placentia</b> <a href="#">Dodie Blanche</a> (SDO)
<b>Port aux Basques</b> <a href="#">Samantha Allen</a> (SDO)	<b>Prince Philip Drive</b> <a href="#">Charlene Oake</a> (SDO)	<b>Ridge Road</b> <a href="#">Jennifer Burge</a> (SDO)
<b>Seal Cove</b> <a href="#">Marlene Furlong</a> (SDO)	<b>St. Anthony</b> <a href="#">Lavinia Crisby</a> (SDO)	<b>Distributed Learning</b> <a href="#">Lori Thornhill</a>

- 3. I am an international student who is planning on studying at CNA in Fall 2022. If my study permit is delayed in my home country, how will this affect my studies and who should I alert at the College of this delay?**

If your study permit from your home country is delayed, you should let International Student Coordinator, [Chanda Jordan](#) know of these delays.

- 4. My study permit will expire prior to the end of my program; therefore, I am wondering when I should apply for an extension?**

For information regarding eligibility, when and how to apply, required fees, and processing time, please visit the IRCC website. A link to this website can be found [here](#). It is important to visit the IRCC website frequently, as it is updated daily.

If you have questions about your study permit or Post Graduate Work Permit (PGWP) please contact Ying Zhang ([ying.zhang@cna.nl.ca](mailto:ying.zhang@cna.nl.ca)) or Natasha Hillier ([natasha.hillier@cna.nl.ca](mailto:natasha.hillier@cna.nl.ca)).

For any specific questions regarding pathways to permanent residency, please contact Kamrul Islam at the Provincial Office of Immigration; [kamrulislam@gov.nl.ca](mailto:kamrulislam@gov.nl.ca).

Furthermore, for more information on implied status for Study Permit extensions, please go [here](#).

- 5. What are the associated risks if I travel back to my home country?**

Advising students on whether or not they can leave the country right now is difficult. It ultimately is the decision of the student involved based on the information available to them. We would suggest that you look at the current restrictions in place in your destination country, the countries that you would need to travel through, as well as the regulations of departures leaving Canada.

Some great resources to use include:

- a. [Transport Canada](#),
- b. [Global Affairs Canada](#) and
- c. [World Health Organization](#)

- 6. Are work-term placements impacted due to the pandemic?**

For work-terms, CNA continues to assess all relevant courses to determine options for graduation requirements. Please continue to monitor your emails and our [website](#) for updates regarding your work-term placements.

**7. How does COVID-19 affect my Post Graduate Work Permit (PGWP)?**

Please check the IRCC link on [post-graduation work permit program](#) to determine if you are eligible to apply for a PGWP upon completion of your program. You can also contact Ying Zhang ([ying.zhang@cna.nl.ca](mailto:ying.zhang@cna.nl.ca)) or Natasha Hillier ([natasha.hillier@cna.nl.ca](mailto:natasha.hillier@cna.nl.ca)) for specific questions.

**8. I will be graduating from my program and I am wondering what date CNA is going to send out diplomas and transcripts?**

CNA will be sending out diplomas based on the mailing address on file. This process may take up to 6 weeks from the time of convocation, but if you have not received your diploma please contact your campus Student Development Officer or Counsellor.

**9. Are there any special measures taken by Immigration, Refugees and Citizenship Canada (IRCC) in response to COVID-19?**

Yes. Please visit the [Coronavirus Special Measures](#) webpage for up-to-date information.

**10. I have questions pertaining to my rights and responsibilities as a tenant and how they might have changed due to COVID - 19. Where can I find more information on this topic?**

For updates pertaining to the Residential Tenancies Act, Newfoundland and Labrador Housing Corporation and Newfoundland Light and Power, please review the links listed below.

<a href="#">Residential Tenancies Act</a>	<a href="#">NL Housing Corporation (Frequently Asked Questions)</a>	<a href="#">Newfoundland Light and Power suspension/disconnection</a>
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**11. As a student, am I still covered by College of the North Atlantic's Health and Dental program?**

Yes. You are covered under the student health and dental plan through Greenshield as long as you are a registered student and all of your fees have been paid in full for the current semester. Your coverage will last until August 31 of the year that you complete your program.

If you have Foreign Health coverage by Guard.Me then the following applies to you:

- All students enrolled under Guard Me are still covered while in Canada until their coverage expiry, which is August 31 in the academic year you purchased coverage.
- If you require medical assistance during this time, or if you are feeling ill please contact the provinces public health line by completing a [self-assessment](#) online. If you do not have internet service, you can call 811 to receive further information on how to proceed as many medical facilities are reducing and/or eliminating walk-in clinics.

## **12. How do I apply for provincial MCP (Medical Care Plan)?**

First time applicants will need submit their [MCP application](#), a copy of your study permit, copy of your passport and a letter from CNA verifying full-time enrolment for at least one year. Individuals who are first-time MCP applicants are also asked to provide a photocopy of their MCP card, once received in the mail, to their campus general office. Applications may only be submitted by mail or fax. For individuals who may not have access to a fax machine, you can submit your completed application at the campus to be transmitted by fax.

## **13. I am an international student that is worried about coverage through MCP. What can I do?**

If you have MCP, your MCP is valid for coverage throughout Newfoundland & Labrador. You can apply for up to six months of out-of-province domestic Canadian coverage. To arrange for this coverage, you must apply for it through MCP prior to travel outside the province and provide the specific dates of exiting and re-entering the province.

## **14. I am worried and feeling stressed due to COVID-19 and am looking for support, where can I turn?**

If you are feeling stressed and anxious during this time, there are several supports available to you. **CNA Counselling Services** – please check with your campus counsellor by [email](#) to make an appointment to discuss your concerns. Note that these meetings may happen over the phone or in person. If meeting in person be sure to follow all social distancing and COVID-19 safety protocols. Due to jurisdictional restrictions on Counselling Services, Counsellors may be limited on the types or amount of support that can be provided to students residing outside of Newfoundland and Labrador.

If you are worried about your peers please check in on them by phone or text to minimize person to person contact. You may also want to keep in contact with your families from home as this may help to provide some comfort in these trying times.

CNA also encourages students to keep up to date with COVID-19, by visiting:

[Department of Health and Community Services](#)

[Public Health Agency of Canada](#)

[World Health Organization](#)

[Bridgethegapp](#)

As more information becomes available, we will be sure to update this list to ensure that it reflects the most current information.

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