

Community Resources for Students & Staff

Emergency/Crisis	911
HealthLine	811 (Covid-19 Advice/ Medical Advice/ Mental Health)
Health Science Centre Emergency Dept.	300 Prince Phillip Drive, St. John's: 709-777-6335
Mental Health Mobile Crisis Response Team	709-737-4668 (for urgent intervention directly to your location) 1-888-737-4668 (Province wide)
Crisis Text Line	Text "Talk" to 686868
24 Hr. Walk-In Psychiatric Assessment Unit	Waterford Hospital, 306 Waterford Bridge Rd, St. John's 709-777-3021 or 709-777-3022 (Walk-in Assessment of mental health emergencies) (Bring your MCP)
Doorways Mental Health and Addiction Services	80 Charter Ave., Building 532, Pleasantville, St. John's, 709-752-4903 (Walk-in service) 8:30am-4:30pm (M/W/F) 11:00am-7:00pm (Tues. & Thurs) (Bring your MCP)
Mental Health & Addictions Systems Navigator	709-752-3916 1-877-999-7589 (Province wide)
Provincial Warm Line	1-855-753-2560 (11am-11pm) Non-Emergency Mental Health Peer Support & Information
BridgethegApp.ca	(Mental Wellness Online resource for Adults and Youth)
HealthLine	811 (Covid-19 Advice/ Medical Advice/ Mental Health)
MUN Student Wellness & Counselling Centre	To see a Physician or Nurse Practitioner 5th Floor University Centre (UC-5000) 709-864-8500 (Option 4) (Bring your MCP)

CNA Resources for Students & Staff

Prince Philip Drive Campus Resources for Students:

Guidance Counsellor	tara.thomas@cna.nl.ca
Guidance Counsellor	nadine.humber@cna.nl.ca
Guidance Counsellor/Accessibility Services	ted.power@cna.nl.ca
Accessibility Services Coordinator	colleen.hickey@cna.nl.ca
Health & Wellness Nurse Coordinator	cathy.curtis@cna.nl.ca
Student Development Officer/Scholarships	jennifer.burge@cna.nl.ca
Student Development Officer/Scholarships	charlene.oake@cna.nl.ca
Recreational Activities Coordinator	faron.barnes@cna.nl.ca
Health Card/Dental Inquiries	mary-ellen.alexander@cna.nl.ca
Student Loans/Financials	amanda.windsor@cna.nl.ca
International Student Coordinator	chanda.jordan@cna.nl.ca

Prince Phillip Drive Campus Resources for Staff:

Health & Wellness Nurse Coordinator	cathy.curtis@cna.nl.ca
EAP (Employee Assistance Program)	709-729-2290
	Toll Free: 1-888-729-2290

Please reach out.....We are in this together!